



Universal Uniform Size Charts

HOW TO MEASURE Please use the following measuring techniques and the chart on the left to obtain your size. Keep in mind, pants and shorts can adjust with their elastic and drawstring waists.

CLOTHING

Sleeve: Bend elbow slightly and measure from back of neck center, over shoulder point, around elbow down to wrist.

Chest: Measure around chest, around shoulder blades and just under arms.

Waist: Measure around your waist where you like to wear your pants and shorts.

Inseam: Wearing a pair of comfortable pants, measure from the crotch to the ankle.

CLOTHING SIZE CHART

Men	S	M	L	XL	XXL
Height	5'2" - 5'5"	5'5" - 5'8"	5'8" - 5'11"	5'11" - 6'2"	6'2" - 6'6"
Sleeve	32	34	36	37	38
Chest	35-37	38-40	41-43	44-46	47-49
Waist	29-31	32-34	34-36	36-38	38-40
Inseam	30	31	32	34	36

Women	S	M	L	XL
Height	4'9" - 5'2"	5'2" - 5'5"	5'5" - 5'8"	5'8" - 5'11"
Size	4-6	8-10	2-14	16+
Sleeve	28-30	30-32	32-34	34-36
Chest	26-32	30-34	32-36	34-38
Waist	22-26	26-28	28-32	32-34
Inseam	28	30	32	34

Youth	YS	YM	YL	YXL
Height	4'3" - 4'5"	4'5" - 4'7"	4'7" - 4'9"	4'9" - 5'2"
Size	6-8	10-12	14-16	18-20
Chest	21-23	24-26	27-30	31-33
Waist	20-22	23-25	26-28	28-30

SOCK SIZE CHART

Sock Size:	Shoe Size
Small	12C-6Y
Medium	3.5-8.5
Large	6.5-12